



## Universe-Psychic Newsletter with Marv Machura

Hi Friends,

Welcome 2024!

There is an old Ukrainian proverb that says: "So goes the New Year, so goes the year." I hope that your new year has started well and is leading you onward in your travels to grace, wisdom, and happiness. Cheers!

As the New Year comes in, different cultures/peoples/traditions define it. In the Ukrainian Tradition (from which I am), *Malanka* defines the New Year. It is the most important date in the Calendar aside from Christmas and Easter.

As a musician and as from this heritage, I always found myself performing for some form of *Malanka* Celebration on, and about, the 15 of January. In fact, I think that this date (in my own experience) eclipses my December 31 gigs.

What is the Malanka? Well, read on friends. And happy New Year!

Also in this newsletter, you can read more about **Candle Magic**.

Also, I am happy to tell you that I will be at the **MysticaFair** in Kelowna this coming weekend. I hope to see many friends there. It will be a great event! Do not miss it! More information can be found in the links below.

## The Malanka Celebration

The Malanka mid-winter celebration has been celebrated by people of Ukrainian descent for thousands of years.

In the ancient tradition, Malanka is the beautiful daughter of Mother Earth. Because the Evil One coveted her beauty, he captured her and held her prisoner. While the Evil One held Malanka prisoner, an endless cold winter fell upon the earth. But, her brother, Wasilchyk, bravely fought the Evil One and liberated Malanka.



<https://slovanskibogovi.wordpress.com/2018/01/16/lada/>

With the liberation of Malanka, the earth once again could have spring! People celebrate this event and the return of spring with food, music, and dance—all life-affirming activities!

In certain traditions, Ukrainian people would dress up in costumes for to represent the Malanka legend. A young plough boy would be Wasilchyk and he would spread wheat kernels as symbol of fertility. Other costumes would be devils, gypsies, beggars, goats, and bears. The capture of winter was sometimes represented by a chained live bear!

In the Christian era, the day was somewhat transformed to celebrate the life of Saint Melania with many close parallels to the more ancient traditions.

Malanka is celebrated today by millions of people across the world and is perhaps the most important cultural celebration of Ukrainian tradition.

## Candle Magic

I have always loved candles. I remember as a child, how the flame of a candle would mesmerise me and take me to another place.



<https://www.stirthewonder.com/melting-birthday-candles/>

Also, I remember how the candles in the church, that I attended and in which I experienced many transformations, would glow with an intensity of intent. I remember how I would save a some of my allowance to drop into the donation box that was associated with candles, take one of the reeds (wood sticks that aligned the box) and ritually, light the stick by an already burning candle, and then light my own selected candle. During the service, I would often watch “my candle” to see its flame dance, glow, and shine as if it was happy that I had lit it and brought it to life.



<https://cruznov.com/church-in-the-usa/2018/08/faithful-uphold-the-quiet-tradition-of-lighting-candles-in-churchesds>

Today, I still love candles and use them daily. They are embodiments of light. And let us be clear: *“Let there be light!”* is the foundation of everything.

It is too easy for us to forget this in our electric world that gives us a seemingly endless supply of electric light. This was easier for our not-too-distant ancestors to understand this when their candlelight, firelight, and starlight were the things that animated the darkened world, after the Sun went down in the West.

I often will recommend Candle Magic to seekers who are needing “light” in their lives, whether this be in the form of an intimate relationship, a move, a new career, or so many other things that can manifest in that warm candle glow that stubbornly beats back the darkness.



Marv Machura (Okanagan Winter)

## Practical Suggestions for Candle Magic

1. Before you light or buy your candle, look up the spiritual colour meaning. Align this to your intention. Use a wooden match, give thanks and marvel at the match's magic of lighting as you strike it against the box, let it burn a little and then use it to light the candle, make sure the candle is lit, and finally blow out the match with your mind as blank (or open) as you can make it.



2. Let your candle burn as long as you want; but never leave it unattended. ☺
3. When you are ready, blow the candle out as you would a birthday cake candle, but do not make a wish—*make a will*. By this I mean include the spirit of *I will* with your wish and further, try not the even use **specific** words, a visualization and pure intent for goodness is best. Words are okay, but as always second best with Candle Magic.
4. Just be your beautiful self—that gorgeous and wanted Child of the Universe that you are—in your intent. And let the loving Universe carry your intention forward with the smoke and ash of your candle.

There is so much more about Candles. Please let me know your questions and comments.

# MysticFair

The first MysticFair of the year is on for this weekend in Kelowna (January 20-21) !

MysticaFair is an Okanagan-based collective that is founded and led by Allara Violet Akasha. I have been a part of this collective of healers, psychics, vendors, and readers for the past two years. Each event that I have gone to has been wonderful, professional, and mystical. And I am sure that the upcoming events for 2024 will continue to be this way.

I hope to see some friends there and meet many new friends. If you want to book a reading with me ahead of time, please contact me, and I will book a time for you.



<http://www.mysticafair.com/>

## Online Readings Available

For those of you who cannot get out to a reading event, please note that I can do readings in your home. I can do this just for you, you and friend, or a group of friends, and for social gatherings and parties, etc.

I can also do readings in my studio and online. This past fall I started working with a couple of online reading sites. You can find me here: <https://www.spiritualblossom.com/psychics/1029-marv-machura/> if you would like. But, I recommend contacting me through my website for online readings. We can eliminate the middleman, so to speak, when we do this.

Cheers Friends,

Marv

PS...If you want to help me grow Universe-Psychic, please consider giving me a rating and/or review on Google Reviews. Thanks, in advance, for your time, consideration, and help.

## [Universe-Psychic Reviews](#)

Tarot Card for the Closing of this Newsletter!  
Travel on, Friends. We are not made to live alone.

### *VI The Lovers*



Intimacy - Love - Generosity - Enrichment  
Growth - Completion - Energy - Transformation

“Life without love is like a tree without blossoms or fruit.”

- Kahlil Gibran